

584 Stafford Street

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Saint Joseph's News

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Principal: Keith Walsh

Superintendent: Mrs Francine Pilon

Trustee: Jules Vanhaelemesch

Secretary: Kelly MacArthur Co-Chairs of School Council: Lisa Marshall/Shannon Quennell

Our school community strives to promote love and respect for God, self and others, while fostering lifelong learning and celebrating Catholic faith, traditions and values.

St. Joseph's Student Nutrition Program was pleased to put on a **Shrove Tuesday Pancake Lunch** for the school on Tuesday, February 28. Thanks go out to the many volunteers who prepared, served and cleaned up: Katie Cremasco, Elizabeth Davaze, Lauri Capstick, Randi Martin, Tracey Shantz, Louise Trottier, Nadine LeBouthillier and Shannon Quennell. Thank you to Mr. Voisin and the Grade 7/8 students who helped with set-up and take-down in the gym. The Pancake Lunch was a huge success due to the combined efforts of so many in our school community!



Grade 7 & 8 Trip to St. Jerome's University

Coming up on May 8-10 our Grade 7 & 8 students will be travelling to St. Jerome's University for a three day leadership camp. This camp will provide them with an opportunity to develop their leadership, problem solving, innovation and teamwork skills. Some students will have the chance to visit some technology companies in the Kitchener/Waterloo area...one of them being Google. On the final morning before heading home, they will have the opportunity as well to visit Bingeman park for some fun games and activities.

ST. JEROME'S
UNIVERSITY

March Assembly
Tuesday, March 28th at 2:20

Parental/Family Engagement

Virtue of the Month: Compassion
Please discuss with your child/ren!

Morning Prayer

Dear God, During this Lenten season, I pray in a special way, for all people who need the healing and compassion of your Son, Jesus.
Help me to be His hands, eyes and ears.

The school and parent council are in the midst of planning a Family Fun Night for St. Joseph's School. We have begun discussion about what that looks like as we are trying to make it as worthwhile and fun as possible. Please look for more information to come home shortly.



Attending School Events

Attending events at school is one of the ways that parents can show children that they think school is important. It also builds a general sense of involvement, which, according to Jeynes (2005), may be most beneficial to children's success.



Father Franjo:

Visits, Confessions and Mass

I met with Father Franjo recently and we decided that he will begin visiting students in our classes on a regular basis! We also planned a confession schedule, Tuesday, March 28 and selected, Wednesday, March 29 at 9:30 for our next school mass.

These visits will provide an opportunity for Father to better get to know our students and allow them to make a stronger connection with the Catholic faith.



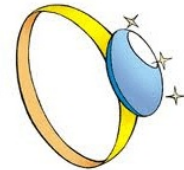
PLEASE SIGN IN

Parents, please be aware that we have a visitor sign in policy. We have placed a small table in the entranceway with a sign in book. We respectfully ask that you simply sign the book before proceeding any further. We have put this in place for the safety and security of our students and staff. We thank you for your understanding in this matter.



March Lenten School Mass March 29th @ 9:30. Please join us!

Gym & Jewellery



Parents/guardians, please be reminded that we discourage students wearing jewellery during gym class. As you can imagine, depending on the type and location of the jewellery, this is a possible safety hazard for the student wearing the jewelry and others in the class. If it is not practical to remove the jewellery each and every time he/she goes to gym, students must have the jewellery taped so as to minimize serious injury. Please remind your child(ren) of the importance of following this safety rule. Thank you.

Permission Slips

Parents/Guardians, please be aware that we have a protocol with regards to class/school excursions. I know that you are all busy with activities/events in your households and sometimes things get missed, but if you could please do your best to ensure that those (official) permission forms are completed fully and returned on time, that would be much appreciated. For the health and safety of your child, we cannot permit students to leave school property without your signed consent. Thank you for your understanding in this matter!



Teach Your Child the Value of Hard Work, Perseverance

Some people think smart is something you're born with. Others believe you can "get smart." Do those beliefs matter? Studies show they do. People who believe they can "get smart" are able to face a challenge.

If these people come up against a problem they can't solve, they don't give up. They don't say, "I was never any good at math anyway." Instead, they decide that they may just need to work a little longer.

They also try a different approach. In contrast, people who don't value hard work are likely to give up. If they run into trouble, they give themselves all

sorts of reasons why it isn't their fault. "I can't do math. I was never very smart in math anyway."

"What can parents do? There are ways you can give your child "get-smart" messages.

Here are some things you might say:

- **"I know you can do it** if you keep trying."
- **You've worked really hard** on your spelling. Before you know it, you'll have learned those words."
- **You're not going to give up** until you figure it out, are you? I'm impressed with your hard work."
- **If you work** on your science fair project every day this week, you're sure to be proud of the result."



Allergy Awareness MARCH

Anaphylaxis is the most serious type of allergic reaction and is a word derived from the Greek words a meaning "against", and phylaxis meaning "protection" (Cohen & Zelaya-Quesada, 2002). During anaphylaxis, a person may have trouble breathing or experience a drop in blood pressure. Other symptoms include children complaining about their tongue being itchy, an upset tummy, diarrhea, and complaining of anxiety or feeling of "impeding doom".

Anaphylaxis should be the first thought when these symptoms present themselves when dealing with an allergic child. Epinephrine



(an EpiPen[®]) is the first line of defense in treating anaphylaxis. Call 911, and keep the child lying down on their side until the ambulance arrives so that the blood pressure does not drop to a near fatal level. An EpiPen[®] is a life-saving medication. Don't be afraid to use it!

PARISH LENTEN RETREAT Exposition of THE SAINT JOHN'S BIBLE

FACILITATOR: CHRISTINA RONZIO
March 18th - 21st, 2017

A Lenten special mission will be held by the Parish, this retreat was intentionally planned between the Feast of our patrons (St. Patrick March 17 & St Joseph March 20). It is an opportunity to set aside specific time to pray, meditate and reflect, and most importantly, to do this as a parish community. The mission is a time of renewal of our relationship with God and each other. **Everybody is welcome!**



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday








Saturday

March 2017

Monthly Quote: **May the best of your past be the worst of your tomorrows!**

Virtue of the Month
Compassion



		Shrove Tuesday  <i>Shrove Tuesday</i>	1 Ash Wednesday Mass  ASH WEDNESDAY	2	3	4
5	6 <u>Girls's Basketball in Walkerton</u> 	7 <u>Boy's Basketball in Walkerton</u> 	8	9	10	11
12	13 M B	14 A R	15 R E	16 C A	17 	18
<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>
<u>26</u>	<u>27</u>	28 School Confessions  Confession	29 Lenten Mass at 9:30.  LENT	30 Monthly Assembly	31	-